

Dads-to-be antenatal group

Are you about to be a new dad? Is this a whole new experience for you?

Meet other dads-to-be at a friendly **FREE** session led by a midwife and family hub staff.

You'll get to learn or practise practical baby care skills and understand the importance of your role as a supportive partner during pregnancy and labour, and as a father when your baby is home.

Please note, you will need to attend both sessions.



**East & North Reading Family Hub
Sun Street, Reading RG1 3JX
(Car park on site)**



**Wednesday 25 November, 6.30-9.30pm
and**



Wednesday 2 December, 6.30-9.30pm

For more information and to book, contact:

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www.reading.gov.uk/beststartinlifefamilyhubs

