

Dads-to-be antenatal group

Are you about to be a new dad? Is this a whole new experience for you?

Meet other dads-to-be at a friendly **FREE** session led by a midwife and children's centre staff.

You'll get to learn or practice practical baby care skills and understand the importance of your role as a supportive partner during pregnancy and labour, and as a father when your baby is home.

Please note, you will need to attend both sessions.



East Reading Children's Centre
Sun Street, Reading RG1 3JX
(car park on site)



Thursday 25 September, 6.30-9.30pm
and



Thursday 2 October, 6.30-9.30pm

For more information and to book, contact:

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Reading Children's Centres



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