

West Cluster Timetable

January - April 2026



These activities are all taking place at Ranikhet Children's Centre or Battle Library.
Have a look at what fun activities you can book on to:

Monday

Head-to-toe Baby Massage *
(Ranikhet CC)
10-11am
8 weeks to crawling
Group 1: 19, 27 Jan & 2 Feb
Group 2: 23 Feb, 2 & 9 March

Virtual sessions *
10-11am

- Toilet training
- Introduction to family foods

Tuesday

NHS Health Visiting Service
(Ranikhet CC)
3 month contact
9.30-10.30am
6 month contact
11am-12noon
Third Tuesday of the month, invite only

Messy Play
(Ranikhet CC)
10-11am
6-18 months

Wednesday

Let's Talk
(Ranikhet CC)
10-11am
0-23 months

Rhyme & Song
(Ranikhet CC)
12.15-12.45pm
0-5 years

Visit our page
for more info



Thursday

Well-baby Clinic
(Ranikhet CC)
9.30-11.30am
First Thursday of the month

Time for Twos *
(Ranikhet CC)
10-11.30am
Term-time only
2-3 years

Meet the Health Visiting Team
(Ranikhet CC)
1-1.30pm
Bumps to 1 yr
Third Thursday of the month

Bumps and Babes
(Ranikhet CC)
1-2pm
Bumps to 1 year

NHS Health Visiting Service
(Ranikhet CC)
2 year reviews
Invite only

Friday

Stay & Play
(Ranikhet CC)
10-11.30am
Term-time only
1-5 years

NHS Health Visiting Service
(Ranikhet CC)
Nine-month reviews
Invite only

Self-weight Baby Scales
(All centres)
Anytime during opening hours
For babies 16 weeks +

***Booking required**

more info overleaf

For all sessions that require booking:

You can book using our [parent portal](#) or attend your local children's centre for support.

Email Reading children's centres at: reading.childrencentres@reading.gov.uk

More information on our free sessions at West Cluster



Meet the Health Visiting Team

If you have any health questions about your baby, come and join our session every third Thursday of the month.

Head-to-toe Baby Massage

Four weeks of special bonding time with your baby where you will learn calming massage techniques.

To book, please call
0118 937 2885 or email
leah.abercrombie@reading.gov.uk

NHS Health Visiting Service

Development reviews with the health visiting team for three-month and six month contact to discuss your baby's progress and ask any questions.

Rhyme & Song

Children love singing! Singing slows language down and provides rhyme and repetition, supporting children to develop their awareness of relationships between letters and sounds.

Time for Twos

A six-week course delivered in all Reading children's centres, to help children aged two with the first steps in getting ready for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

Let's Talk

Discover effective ways to strengthen your child's speech and language development through fun activities in a friendly environment. Learn helpful tips to use at home in everyday moments. For more information please email:
reading.childrencentres@reading.gov.uk

Messy Play

Come along and have some messy play fun! Parents can also up-skill themselves with maths-based activities.



Hi, I'm Freddie Future! Look out for my posters with helpful tips.

NHS Health Visiting Service

Development reviews with the health visiting team for nine-month and 2-year-olds to discuss your child's progress and ask any questions.

Well-baby Clinic

The Well-baby Clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and weigh your baby.

Bumps and Babes

Come and join our friendly and welcoming bumps and babes group, a great opportunity to meet other expectant parents and babies.

Stay & Play

Join us for a fun and friendly session offering a range of activities for children aged from one to five years old.

Find us at:

Battle Library
420 Oxford Road
Reading
RG30 1EE

Ranikhet Children's Centre
Thurso Close
Reading
RG30 4YH



Useful contacts

Reading Family Information Service (FIS): fis@reading.gov.uk

Community midwives: 0118 322 8059

Health visiting team: 0118 931 2111

Find us at
Reading Children's Centres

