## From Conflict to Connection













Caring for a child with special needs and/or disabilities (SEND) can be challenging for family relationships. Anything from a diagnosis to day-to-day care, challenging behaviour, lack of sleep, isolation and many other issues can be stressful, disrupting connection and causing conflict between parents/carers.

This FREE one day training is designed to help practitioners support parent/carers of children with SEND to manage conflict in their relationship and to communicate in a mutually constructive way. This is a collaborative event and will be led by Zobia Kalim from Parenting Special Children.

## Who should attend?

Anyone who works with parents/carers and/or families of children with SEND in and around the Reading area, whether through paid work or as a volunteer.

## Aims of the training:

- To identify the signs and signals of healthy and unhealthy conflict within families
- To identify issues likely to create strain and tension within the family
- To increase understanding of how these issues can lead to destructive conflict
- To increase awareness of the impact of conflict on children and young people with SEND and barriers to a family's engagement with services
- To explore tools and approaches to reduce conflict and increase productive communication between parents and carers
- To review the practitioner's role when offering support to parents and carers in reducing unproductive conflict



Book your space

For more details and to book your place, please contact From Conflict to Connection Co-ordinator, Peter Burton: peter.burton@brighterfuturesforchildren.org

