



**Wednesday 30 April - Wednesday 2 July 2025** 



9.30-11.30am



Whitley Health Centre, 268 Northumberland Ave, Reading RG2 7PJ



Is your child aged 4-11 years old?



Do you want to support your child when they show distressing behaviour?



Do you need some help to manage their behaviour?

Join our evidence-based flexible parenting programme.

The group aims to strengthen the relationship between you and your child. It will help you to understand your child's development and equip you with strategies to help them.

The programme is delivered in nine two-hour weekly group sessions on Wednesdays, term-time only.

To enquire or book your place, please contact: parenting.reading@brighterfuturesforchildren.org or call **0118 937 4858** 

