

# West Cluster Timetable

## January - April 2025



These activities are all taking place at Ranikhet Children's Centre or Battle Library.  
Have a look at what fun activities you can book on to:

[www.brighterfuturesforchildren.org](http://www.brighterfuturesforchildren.org)

### Monday

**Head-to-toe  
Baby Massage \***  
(Battle Library)  
10-11am  
*8 weeks to 11 months*  
Group 1: 13 Jan - 3 Feb  
Group 2: 24 Feb - 17 March

### Tuesday

**NHS Health Visiting  
Service**  
(Ranikhet CC)  
9.30-10.30am  
**3 month contact**  
11am-12noon  
**6 month contact**  
*Third Tuesday of the  
month, invite only*

**Tiny Talkers**  
(Ranikhet CC)  
1.30-2.30pm  
7 Jan-10 Feb  
*18 months-5 years*  
Contact us to request  
a place

### Wednesday

**Time for Twos \***  
(Ranikhet CC)  
10-11.30am  
*2-3 years*  
8 Jan-2 March  
*Term-time only*

**Bumps and Babes**  
(Battle Library)  
10-11am  
*Bumps to 1 year*

**Rhyme & Song**  
(Battle Library)  
11.30am-12noon  
*0-5 years*

### Thursday

**Well-baby Clinic**  
(Ranikhet CC)  
9.30-11.30am  
*First Thursday of the month*

**Stay & Play**  
(Ranikhet CC)  
10-11am  
5 Sept-28 Nov  
*1-5 years*

**Bumps and Babes**  
(Ranikhet CC)  
1-2pm  
*Bumps to 1 year*

**Meet the Health Team**  
(Ranikhet CC)  
1-2pm  
*Bumps to 1 yr*  
Third Thursday of the month

**NHS Health Visiting Service**  
(Ranikhet CC)  
2 year reviews  
*Invite only*

### Friday

**Play & Learn**  
(Ranikhet CC)  
10-11.30am  
*0-5 years*

**NHS Health Visiting Service**  
(Ranikhet CC)  
Nine-month reviews  
*Invite only*

**Self-weigh Baby Scales**  
(All centres)  
Anytime during opening hours  
*For babies 16 weeks +*

Visit our page  
for more info



**\*Booking required**

more info overleaf

For all sessions that require booking:

You can now book using our new [parent portal](#) or attend your local children's centre for support.

# More information on our free sessions at West Cluster



## Meet the Health Team

If you have any health questions about your baby, come and join our session every third Thursday of the month.

## Head-to-toe Baby Massage

Four weeks of special bonding time with your baby where you will learn calming massage techniques.

To book, please call

0118 937 2885 or email

[leah.abercrombie@brighterfuturesforchildren.org](mailto:leah.abercrombie@brighterfuturesforchildren.org)

## NHS Health Visiting Service

Development reviews with the health visiting team for three-month and six month contact to discuss your baby's progress and ask any questions.

## Play & Learn

Join us for this new session where you can support your little one to explore planned activities while learning about child development so you have an understanding of your child's progress.

## Time for Twos

A six-week course delivered in all Reading children's centres, to help children aged two with the first steps in getting ready for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

## Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment. For more information please email [reading.childrencentres@brighterfuturesforchildren.org](mailto:reading.childrencentres@brighterfuturesforchildren.org)

## Rhyme & Song

Children love singing! Singing slows language down and provides rhyme and repetition, supporting children to develop their awareness of relationships between letters and sounds.

## NHS Health Visiting Service

Development reviews with the health visiting team for nine-month and 2-year-olds to discuss your child's progress and ask any questions.

## Well-baby Clinic

The Well-baby Clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and weigh your baby.

## Bumps and Babes

Come and join our friendly and welcoming bumps and babes group, a great opportunity to meet other expectant parents and babies.

## Stay & Play

Join us for a fun and friendly session offering a range of activities for babies and children aged under five.



Hi, I'm Freddie Future! look out for my posters with helpful tips.

## Find us at:

### Battle Library

420 Oxford Road  
Reading  
RG30 1EE

### Ranikhet Children's Centre

Thurso Close  
Reading  
RG30 4YH



## Useful contacts

Reading Family Information Service (FIS): [fis@reading.gov.uk](mailto:fis@reading.gov.uk)

Community midwives: 0118 322 8059

Health visiting team: 0118 931 2111

Find us at  
Reading Children's Centres

