South Reading Timetable

January - April 2025

These activities are all taking place at Whitley Children's Centre. Have a look at what fun activities you can book on to:





www.brighterfuturesforchildren.org

Monday

Rainbows with Reading Family Church

(Whitley CC) 10-11.30am *Under 5s*

Tiny Talkers

(Whitley CC) 10-11.30am Contact us to request a place

Portage

(Whitley CC) 1-2.30pm Invite only

Tuesday

Bumps and Babes

(Whitley CC) 10-11am *Under 1s*

Breastfeeding Network Support

(Whitley CC) 10-11am

First and third Tuesday of the month

Meet the Health Visitor

(Whitley CC) 11am-12noon Third Tuesday of the month

Stay & Play

(Whitley CC) 1-2pm *Under 5s*

Wednesday

Midwife Meet & Greet

(Whitley CC) 9.30-11am

Invite only, once a month

Toddler Stay & Play *

(Whitley CC) 10-11am

18 months -3 years

Messy Play

(Whitley CC)

1-2pm

Under 18 months, every week except first Weds of the month

Well-baby Clinic

Whitley CC 1.30-3.30pm First Weds of the month

Thursday

Time for Twos *

(Whitley CC) 9.30-11am For ages 2-3 yrs Term-time only

Visit our page for more info



Friday

Let's Get Physical

(Whitley CC) 1-2pm

Self-weigh Baby Scales

(All centres)
Anytime during
opening hours
For babies 16 weeks+



Hi, I'm Freddie Future! Look out for my posters with helpful tips.

*Booking required

more details overleaf

For all sessions that require booking:

You can now book via our new <u>parent portal</u> or attend your local children's centre for support.





More information on our free sessions at South Reading Cluster



Fun activities planned around areas of child development. A supportive session for all families in the local area.

Bumps and Babes

Join us for a pre-booked session with an experienced baby development worker enjoying activities to stimulate your baby's senses.

Rhyme and Song

Who doesn't love a sing song? Come and enjoy nursery rhymes and songs in a friendly group. It's a fun way to encourage speech and language skills.

Meet the Health Visiting team

If you have any health questions about your baby for the Health Visitor, come and join our friendly Bumps and Babes session every third Thursday of the month.

Stay and Play

For under fives. Each week we will have new and exciting activities to play, learn and have fun from messy play, singing & arts and crafts.

Time for Twos

A six-week course delivered in all Reading children's centres, to help children aged two with the first steps in getting ready for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment. For more infromation email reading.childrencentres@ brighterfuturesforchildren.org

Breastfeeding Network Support

Breastfeeding Network Reading offers free, non judgemental evidence-based information at any stage of your breastfeeding journey, however old your child is.

Well-baby Clinic

The Well-baby clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and you can also weigh your baby.





Midwife Meet & Greet

Meet the Blossom Midwife team and ask any questions you may have. This is an invite only session so please speak to your midwife to book.

Messy Play

Your young child, under 18 months old, will explore different textures and materials in a safe and friendly environment.

Toddler Stay and Play

Our new toddler stay and play is a chance to join a small and focused play session held in our creche room for 6 weeks to develop new skills in a fun and interactive group. Please note booking is required as spaces are limited.

Let's Get Physical

For children aged 1-3 to develop their physical skills, with lots of opportunity to jump, climb and be active with friends.

Find us at:

Whitley Children's Centre 252 Northumberland Avenue Whitley, Reading RG2 7QA

Useful contacts

Reading Family Information Service (FIS): fis@reading.gov.uk

Community midwives: 0118 322 8059

Health visiting team: 0118 931 2111

