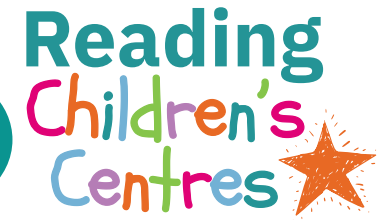


East Cluster Timetable

January - April 2025

These activities are all taking place at Sun Street Children's Centre or Caversham Children's Centre. Have a look at what fun activities you can book on to:



www.brighterfuturesforchildren.org

Monday

Toe-to-head Baby Massage *

(Sun Street CC)

10-10.45am

For 8 wks - 6months

Group 1: 6 Jan - 10 Feb

Group 2: 24 Feb-31 March

NHS health visiting service

(Sun Street CC)

9-month & 2 yr reviews

6-8 week post-natal checks

Invite only

Well-baby Clinic

(Sun Street CC)

1.30-3.30pm

Drop in

Third Monday of the month

*** Booking
required**

Tuesday

Bumps & Babes

(Caversham CC)

10-11am

Under 1s

Sport in Mind

Mother & Baby Yoga

(Sun Street CC)

10-11am

Under 1s

Meet the Health Visitor

(Caversham CC)

10.30-11am

2nd Tuesday of the month

Tiny Talkers

(Sun Street CC)

1-2pm

Group 1: 7 Jan-11 Feb

Group 2: 25 Feb-1 April

Contact us to request a place

NHS Health Visiting Service

(Caversham CC)

Invite only

Wednesday

Well-baby Clinic

(Caversham CC)

9.30-11.30am

2nd Wednesday of the month

Time for Twos *

(Sun Street CC)

10-11.30am

For ages 2-3 years

Term time only

Breastfeeding Network

(Sun Street CC)

10-11.30am

Second & fourth Weds of the month

Stay & Play

(Sun Street CC)

1-2pm

Under 5s

NHS Health Visiting Service

(Caversham CC)

Invite only

Thursday

Portage

(Sun Street CC)

10-11am

Invite only

Let's Get Physical

(Sun Street CC)

1-2pm

Under 5s

Friday

Baby Dimensions

(Sun Street CC)

10-11am

For under 1s

Self-weigh Baby Scales

(All centres)

Anytime during opening hours (9am-4pm)

For babies 16 weeks+



Visit our page
for booking info



For all sessions that require booking:

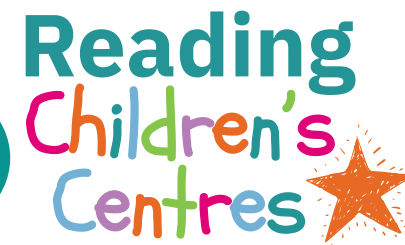
You can now book using our new [parent portal](#)
or attend your local children's centre for support.

more info overleaf 

Follow us at
Reading Children's Centres



More information on our free sessions at East Cluster



Sport in Mind Baby Yoga

Relaxed yoga and movement sessions for mums and their babies under one year old. This is free by mental health charity, Sport in Mind. Please book by emailing info@sportinmind.org.

NHS health visiting service

Development reviews for babies and children, an opportunity to discuss your child's progress. **Invite only.** Contact the health visiting team for more details.

Bumps and Babes

Join our friendly and welcoming group and meet other expectant parents and babies under 1 year.

Let's Get Physical

This session is for children aged under 5 to develop their physical skills with lots of opportunity to jump, climb and be active with friends.

Toe-to-head Baby Massage

Five weeks of special bonding time with baby where you will learn calming, toe-to-head massage techniques.

Meet the Health Visitor

If you have any health questions about your baby, come and join our session every 2nd Tuesday of the month.

Well-baby Clinic

The well-baby clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and you can also weigh your baby.

Breastfeeding Network

Breastfeeding Network Reading offers free, non judgemental, evidence based information to support those living in Reading, at any stage of your breastfeeding journey however old your child is.

Time for Twos

A six-week course delivered in all Reading children's centres, to help children aged two with the first steps in getting ready for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

Baby Dimensions

Is your baby 0-6 months? Join our experienced baby development worker. We will use activities to stimulate their senses.

Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment. For more information please email reading.childrencentres@brighterfuturesforchildren.org.



Hi, I'm Freddie Future! look out for my posters with helpful tips.

Find us at:

Sun Street Children's Centre
Sun Street
Reading
RG1 3JX

Caversham Children's Centre
Amersham Road
Reading
RG4 5NA

Useful contacts

Reading Family Information Service

fis@reading.gov.uk

Call the East Cluster on 0118 937 2551

Community midwives 0118 322 8059

Health visiting team 0118 931 2111

West Cluster Timetable

January - April 2025



These activities are all taking place at Ranikhet Children's Centre or Battle Library.
Have a look at what fun activities you can book on to:

www.brighterfuturesforchildren.org

Monday

**Head-to-toe
Baby Massage ***
(Battle Library)
10-11am
8 weeks to 11 months
Group 1: 13 Jan - 3 Feb
Group 2: 24 Feb - 17 March

Tuesday

**NHS Health Visiting
Service**
(Ranikhet CC)
9.30-10.30am
3 month contact
11am-12noon
6 month contact
*Third Tuesday of the
month, invite only*

Tiny Talkers
(Ranikhet CC)
1.30-2.30pm
7 Jan-10 Feb
18 months-5 years
Contact us to request
a place

Wednesday

Time for Twos *
(Ranikhet CC)
10-11.30am
2-3 years
8 Jan-2 March
Term-time only

Bumps and Babes
(Battle Library)
10-11am
Bumps to 1 year

Rhyme & Song
(Battle Library)
11.30am-12noon
0-5 years

Thursday

Well-baby Clinic
(Ranikhet CC)
9.30-11.30am
First Thursday of the month

Stay & Play
(Ranikhet CC)
10-11am
5 Sept-28 Nov
1-5 years

Bumps and Babes
(Ranikhet CC)
1-2pm
Bumps to 1 year

Meet the Health Team
(Ranikhet CC)
1-2pm
Bumps to 1 yr
Third Thursday of the month

NHS Health Visiting Service
(Ranikhet CC)
2 year reviews
Invite only

Friday

Play & Learn
(Ranikhet CC)
10-11.30am
0-5 years

NHS Health Visiting Service
(Ranikhet CC)
Nine-month reviews
Invite only

Self-weigh Baby Scales
(All centres)
Anytime during opening hours
For babies 16 weeks +

Visit our page
for more info



*Booking required

more info overleaf

For all sessions that require booking:

You can now book using our new [parent portal](#) or attend your local children's centre for support.

More information on our free sessions at West Cluster



Meet the Health Team

If you have any health questions about your baby, come and join our session every third Thursday of the month.

Head-to-toe Baby Massage

Four weeks of special bonding time with your baby where you will learn calming massage techniques.

To book, please call

0118 937 2885 or email

leah.abercrombie@brighterfuturesforchildren.org

NHS Health Visiting Service

Development reviews with the health visiting team for three-month and six month contact to discuss your baby's progress and ask any questions.

Play & Learn

Join us for this new session where you can support your little one to explore planned activities while learning about child development so you have an understanding of your child's progress.

Time for Twos

A six-week course delivered in all Reading children's centres, to help children aged two with the first steps in getting ready for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment. For more information please email reading.childrencentres@brighterfuturesforchildren.org

Rhyme & Song

Children love singing! Singing slows language down and provides rhyme and repetition, supporting children to develop their awareness of relationships between letters and sounds.



Hi, I'm Freddie Future! look out for my posters with helpful tips.

NHS Health Visiting Service

Development reviews with the health visiting team for nine-month and 2-year-olds to discuss your child's progress and ask any questions.

Well-baby Clinic

The Well-baby Clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and weigh your baby.

Bumps and Babes

Come and join our friendly and welcoming bumps and babes group, a great opportunity to meet other expectant parents and babies.

Stay & Play

Join us for a fun and friendly session offering a range of activities for babies and children aged under five.

Find us at:

Battle Library
420 Oxford Road
Reading
RG30 1EE

Ranikhet Children's Centre
Thurso Close
Reading
RG30 4YH



Useful contacts

Reading Family Information Service (FIS): fis@reading.gov.uk

Community midwives: 0118 322 8059

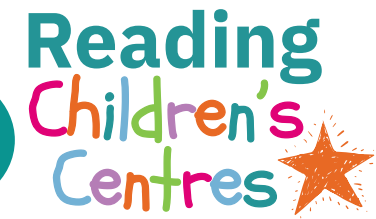
Health visiting team: 0118 931 2111

Find us at
Reading Children's Centres



West Central Timetable

January - April 2025



www.brighterfuturesforchildren.org

These activities are all taking place at Southcote Children's Centre or Coley Community Centre. Here are the activities you can book on to:

Monday

Messy Play
(Southcote CC)
10-11am
Under 5s

Virtual sessions
10-11am

- Toilet training
- Weaning
- Sleep

Stay & Play
(Southcote CC)
1-2pm
Under 5s
10-31 March



Tuesday

Time for Twos *
(Southcote CC)
10-11.30am
For ages 2 - 3 yrs
Term-time only

Let's Get Physical
(Coley Community Centre)
1-2pm
Under 5 years

Wednesday

Tiny Talkers
(Coley Community Centre)
9.45-10.45am
18 months+
Group 1: 8 Jan - 12 Feb
Group 2: 26 Feb-2 April
Contact us to request a place

Bumps and Babes
(Southcote CC)
1-2pm
Bumps - 1yr olds

Meet the Health Visiting team
(Southcote CC)
1-2pm
2nd Wednesday of the month

NHS Health Visiting Service
(Southcote CC)
1.30-4.30pm
9 month/2 yr reviews
Invite only

Thursday

Well-baby Clinic
(Southcote CC)
9.30-11.30am
Fourth Thursday of the month

NHS Health Visiting Service
(Southcote CC)
9.30am-12.30pm
9 month/2 yr reviews
Invite only

Baby Dimensions *
(Southcote CC)
10-11.15am
0-6 months
10 Jan -28 March

Friday

Self-weigh Baby Scales
(All centres)
Anytime during opening hours
For babies 16 weeks+

Visit our page
for more info



***Booking required**



Hi, I'm Freddie
Future! Look out
for my posters
with helpful tips.



For all sessions that require booking:

You can now book using our new parent portal or attend your local children's centre for support.

more info overleaf

More information on our FREE sessions at West Central



NHS nine-month & 2 yr reviews

Development reviews for nine-month and 2-year-olds with the health visiting team. Follow the main entrance to the Community Hub which leads to the children's centre.

Meet the Health Visiting team

If you have any health questions about your baby for the health visitor, come and join our friendly session every third Thursday of the month.

Well-baby Clinic

A drop in session where you can speak to a health professional for a brief consultation about your child's health and weigh your baby.

Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language in a fun and friendly environment in five weeks. For more information please email reading.childrencentres@brighterfuturesforchildren.org.



Let's Get Physical

For under 5s to develop their physical skills with lots of opportunity to jump, climb and be active with friends.

Baby Dimensions

Join us for a pre-booked session with an experienced baby development worker where we will use activities to stimulate your baby's senses. Delivered over six sessions.

Bumps and Babes

A friendly and welcoming group and a great opportunity to meet other expectant parents and babies under 12 months.

Stay and Play

For under fives. Each week we will have new and exciting activities to play, learn and have fun from messy play, singing & arts and crafts.

NHS Health Visiting Service

Development reviews with the health visiting team for nine-month and 2-year-olds to discuss your child's progress and ask any questions.

Rhyme and Song

Who doesn't love a sing song? Come and enjoy nursery rhymes and songs in a friendly group. It's a fun way to encourage speech and language skills.

Time for Twos

A six-week course delivered in all Reading children's centres, to help children aged two with the first steps in getting ready for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

Messy Play

Come along and have some messy play fun! Parents can also up-skill themselves with maths-based activities.



Find us at:

Coley Community Centre 140 Wensley Road, Reading, RG1 6DW

Southcote Children's Centre 85 Coronation Square, Reading, RG30 3QP

Useful contacts

Reading Family Information Service (FIS): fis@reading.gov.uk

Community midwives: 0118 322 8059

Health visiting team: 0118 931 2111

Follow us
Reading Children's Centres



South Reading Timetable

January - April 2025

These activities are all taking place at Whitley Children's Centre. Have a look at what fun activities you can book on to:

Brighter Futures for Children

Reading Children's Centres

www.brighterfuturesforchildren.org

Monday

Rainbows with Reading Family Church

(Whitley CC)
10-11.30am
Under 5s

Tiny Talkers

(Whitley CC)
10-11.30am
Contact us to request a place

Portage

(Whitley CC)
1-2.30pm
Invite only

Tuesday

Bumps and Babes

(Whitley CC)
10-11am
Under 1s

Breastfeeding Network Support

(Whitley CC)
10-11am
First and third Tuesday of the month

Meet the Health Visitor

(Whitley CC)
11am-12noon
Third Tuesday of the month

Stay & Play

(Whitley CC)
1-2pm
Under 5s

Wednesday

Midwife Meet & Greet

(Whitley CC)
9.30-11am
Invite only, once a month

Toddler Stay & Play *

(Whitley CC)
10-11am
18 months - 3 years

Messy Play

(Whitley CC)
1-2pm
Under 18 months, every week except first Weds of the month

Well-baby Clinic

Whitley CC
1.30-3.30pm
First Weds of the month

Thursday

Time for Twos *

(Whitley CC)
9.30-11am
For ages 2-3 yrs
Term-time only

Visit our page for more info



Friday

Let's Get Physical

(Whitley CC)
1-2pm

Self-weigh Baby Scales

(All centres)
Anytime during opening hours
For babies 16 weeks+

*Booking required

Hi, I'm Freddie Future! Look out for my posters with helpful tips.



more details overleaf

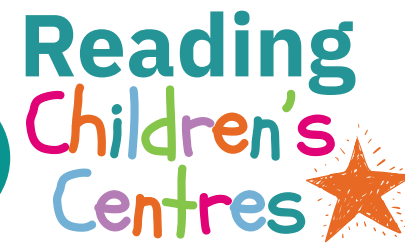
For all sessions that require booking:

You can now book via our new [parent portal](#) or attend your local children's centre for support.

Find us at Reading Children's Centres



More information on our free sessions at South Reading Cluster



Rainbows, Reading Family Church

Fun activities planned around areas of child development. A supportive session for all families in the local area.

Bumps and Babes

Join us for a pre-booked session with an experienced baby development worker enjoying activities to stimulate your baby's senses.

Rhyme and Song

Who doesn't love a sing song? Come and enjoy nursery rhymes and songs in a friendly group. It's a fun way to encourage speech and language skills.

Meet the Health Visiting team

If you have any health questions about your baby for the Health Visitor, come and join our friendly Bumps and Babes session every third Thursday of the month.

Stay and Play

For under fives. Each week we will have new and exciting activities to play, learn and have fun from messy play, singing & arts and crafts.

Time for Twos

A six-week course delivered in all Reading children's centres, to help children aged two with the first steps in getting ready for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment. For more information email reading.childrencentres@brighterfuturesforchildren.org

Breastfeeding Network Support

Breastfeeding Network Reading offers free, non judgemental evidence-based information at any stage of your breastfeeding journey, however old your child is.

Well-baby Clinic

The Well-baby clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and you can also weigh your baby.

Midwife Meet & Greet

Meet the Blossom Midwife team and ask any questions you may have. This is an invite only session so please speak to your midwife to book.

Messy Play

Your young child, under 18 months old, will explore different textures and materials in a safe and friendly environment.

Toddler Stay and Play

Our new toddler stay and play is a chance to join a small and focused play session held in our creche room for 6 weeks to develop new skills in a fun and interactive group. Please note booking is required as spaces are limited.

Let's Get Physical

For children aged 1-3 to develop their physical skills, with lots of opportunity to jump, climb and be active with friends.



Find us at:

Whitley Children's Centre
252 Northumberland Avenue
Whitley, Reading RG2 7QA

Useful contacts

Reading Family Information Service (FIS): fis@reading.gov.uk

Community midwives: 0118 322 8059

Health visiting team: 0118 931 2111



Find us at
Reading Children's Centres

