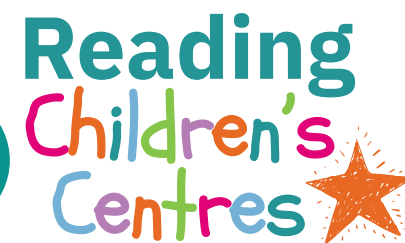


# West Cluster Timetable

## April - July 2025



These activities are all taking place at Ranikhet Children's Centre or Battle Library.  
Have a look at what fun activities you can book on to:

[www.brighterfuturesforchildren.org](http://www.brighterfuturesforchildren.org)

### Monday

**Baby Massage \*  
Hold & Reassurance**  
(Ranikhet CC)  
10-11am  
*Birth to 8 weeks*  
3-week course  
28 April - 19 May  
(excluding bank holiday)

**Baby Massage \*  
Head-to-toe**  
(Ranikhet CC)  
10-11am  
*8 weeks to 11 months*  
4-week course  
9-30 June

**\*Booking required  
- see overleaf for  
more information**

### Tuesday

**NHS Health Visiting  
Service**  
(Ranikhet CC)  
9.30-10.30am  
3 month contact  
11am-12noon  
6 month contact  
*Third Tuesday of the  
month, invite only*

**Tiny Talkers**  
(Ranikhet CC)  
10-11am  
23 April - 21 May  
4 June - 9 July  
18 months-5 years  
\* Contact us to request  
a place

**Stay & Play**  
(Ranikhet CC)  
1-2pm  
18 months to 5 years

### Wednesday

**Bumps and Babes**  
(Battle Library)  
10-11am  
*Bumps to 1 year*

**Rhyme, Song & Story time**  
(Battle Library)  
11.30am-12noon  
0-5 years

**Time for Twos \***  
(Ranikhet CC)  
10-11.30am  
2-3 years  
23 April - 16 July  
*Term-time only*  
Contact us to request  
a space

### Thursday

**Well-baby Clinic**  
(Ranikhet CC)  
9.30-11.30am  
*First Thursday of the month*

**Messy Play**  
(Ranikhet CC)  
10-11am  
24 Apr - 22 May  
6 months - under 2s  
5 June - 10 July  
*Over 2s - 5 years*

**Bumps and Babes**  
(Ranikhet CC)  
1-2pm  
*Bumps to 1 year*

**Meet the Health Visiting team**  
(Ranikhet CC)  
1-2pm  
*Bumps to 1 yr*  
Third Thursday of the month

**NHS Health Visiting Service**  
(Ranikhet CC)  
2 year reviews  
*Invite only*

### Friday

**Play & Learn**  
(Ranikhet CC)  
10-11.30am  
1-5 years

**NHS Health Visiting Service**  
(Ranikhet CC)  
Nine-month reviews  
*Invite only*

**Self-weigh Baby Scales**  
(All centres)  
Anytime during opening hours  
*For babies 16 weeks +*

Visit our page  
for more info



**For all sessions that require booking:**

Please email [leah.abercrombie@brighterfuturesforchildren.org](mailto:leah.abercrombie@brighterfuturesforchildren.org)  
or attend your local children's centre for support.

more info overleaf

# More information on our free sessions at West Cluster



## Meet the Health Visiting team

If you have any health questions about your baby, come and join our session every third Thursday of the month.

## Baby Massage

Special bonding time with your baby where you will learn calming massage techniques.

To book, please call 0118 937 2885 or email [leah.abercrombie@brighterfuturesforchildren.org](mailto:leah.abercrombie@brighterfuturesforchildren.org)

## Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment.

For more information please email [reading.childrencentres@brighterfuturesforchildren.org](mailto:reading.childrencentres@brighterfuturesforchildren.org)

## Messy Play

We have heard your voices and made changes to our messy play sessions. These will now be in age ranges so please see the front of the programme to check the session that is available to your family. Messy play gives your child the chance to explore different textures and materials in a safe and friendly environment. Please dress your child in old clothes as they may get messy!

## Time for Twos

A short course delivered in all Reading children's centres, to help children aged two prepare for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

## Rhyme, Song & Story time

Who doesn't love a sing song and a story? Come and enjoy nursery rhymes, songs and stories in a friendly group. It's a fun way to encourage speech and language skills.

## Play & Learn

Join us for a session where you support your child to explore planned activities while you have the opportunity to learn about your child's next steps.

## NHS Health Visiting Service

Development reviews with the health visiting team for three-month and six month contact, and nine-month and 2-year-old reviews to discuss your child's progress and ask any questions.

## Well-baby Clinic

The Well-baby Clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and weigh your baby.

## Bumps and Babes

Come and join our friendly and welcoming bumps and babes group, a great opportunity to meet other expectant parents and babies.

## Stay & Play

Join us for a fun and friendly session offering a range of activities for babies and children aged from 18 months up to 5-years-old.



Hi, I'm Freddie Future! Look out for my posters with helpful tips.

## Find us at:

### Battle Library

420 Oxford Road  
Reading  
RG30 1EE

### Ranikhet Children's Centre

Thurso Close  
Reading  
RG30 4YH



## Useful contacts

**Reading Children's Centres:** [reading.childrencentres@brighterfuturesforchildren.org](mailto:reading.childrencentres@brighterfuturesforchildren.org)

**Community midwives:** 0118 322 8059

**Health visiting team:** 0118 931 2111

Find us at  
Reading Children's Centres

