

# South Reading Timetable

April – July 2025

These activities are all taking place at Whitley Children's Centre. Have a look at what fun activities you can book on to:

Brighter  
Futures for  
Children

Reading  
Children's  
Centres

[www.brighterfuturesforchildren.org](http://www.brighterfuturesforchildren.org)

## Monday

**Tiny Talkers \***  
(Whitley CC)  
10-11.30am  
*Contact us to  
request a place*

**Portage**  
(Whitley CC)  
1.30-2.30pm  
*Invite only*

**\*Booking required**

## Tuesday

**Bumps and Babes**  
(Whitley CC)  
10-11am  
*Under 1s*

**Breastfeeding Support**  
(Whitley CC)  
10-11am  
*First and third Tuesday  
of the month*

**Meet the Health Visitor**  
(Whitley CC)  
10-11am  
*Third Tuesday of the month*

**Stay & Play**  
(Whitley CC)  
1-2pm  
*Under 5s*

## Wednesday

**Midwife Meet & Greet**  
(Whitley CC)  
9.30-11am  
*Invite only, once a month*

**Time for Twos \***  
(Whitley CC)  
9.30-11am  
*For ages 2-3 yrs  
Term-time only*

**Messy Play**  
(Whitley CC)  
1-2pm  
*Under 18 months, every week  
except first Weds of the month*

**Well-baby Clinic**  
Whitley CC  
1.30-3.30pm  
*First Weds of the month*

## Thursday

**Mellow Babies  
parenting programme \***  
(Whitley CC)  
9.30pm-2.30am  
*For under 1s*

Visit our page for  
more info



## Friday

**Let's Get Physical**  
(Whitley CC)  
1-2pm

**Self-weigh Baby Scales**  
(All centres)  
Anytime during  
opening hours  
*For babies 16 weeks+*



Hi, I'm Freddie  
Future! Look out  
for my posters  
with helpful tips.

More details overleaf

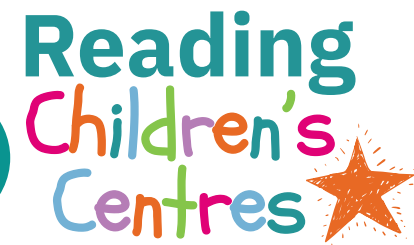
For all sessions that require booking:

You can now book via our [parent portal](#) or attend your local children's centre for support.

Find us at  
Reading Children's Centres



# More information on our free sessions at South Reading Cluster



## Mellow Babies parenting programme

A 14-week group held once a week for mums with babies aged 12 weeks to 1.5 years. The course aims to improve attachment and help you develop a strong relationship with your child.

## Bumps and Babes

Join us for a pre-booked session with an experienced baby development worker enjoying activities to stimulate your baby's senses.

## Rhyme and Song

Who doesn't love a sing song? Come and enjoy nursery rhymes and songs in a friendly group. It's a fun way to encourage speech and language skills.

## Messy Play

Your young child, under 18 months old, will explore different textures and materials in a safe and friendly environment.

## Stay and Play

For under fives. Each week we will have new and exciting activities to play, learn and have fun from messy play, singing & arts and crafts.

## Time for Twos

A six-week course delivered in all Reading children's centres, to help children aged two with the first steps in getting ready for nursery. A great opportunity for your child to meet other children and learn through play. These sessions have a prompt start and require booking. Term-time only.

## Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment. For more information email [reading.childrencentres@brighterfuturesforchildren.org](mailto:reading.childrencentres@brighterfuturesforchildren.org)

## Breastfeeding Support

Breastfeeding Network Reading offers free, non judgemental evidence-based information at any stage of your breastfeeding journey, however old your child is.

## Well-baby Clinic

The Well-baby clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and you can also weigh your baby.

## Midwife Meet & Greet

Meet the Blossom Midwife team and ask any questions you may have. This is an invite only session so please speak to your midwife to book.

## Meet the Health Visitor

If you have any health questions about your baby for the health visitor, come and join our friendly Bumps and Babes session every third Thursday of the month.

## Toddler Stay and Play

Our new toddler stay and play is a chance to join a small and focused play session held in our crèche room for 6 weeks to develop new skills in a fun and interactive group. Please note booking is required as spaces are limited.

## Let's Get Physical

For children aged 1-3 to develop their physical skills, with lots of opportunity to jump, climb and be active with friends.



## Find us at:

**Whitley Children's Centre**  
252 Northumberland Avenue  
Whitley, Reading RG2 7QA

## Useful contacts

**Reading Children's Centres:** [reading.childrencentres@brighterfuturesforchildren.org](mailto:reading.childrencentres@brighterfuturesforchildren.org)

**Community midwives:** 0118 322 8059

**Health visiting team:** 0118 931 2111



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Reading Children's Centres

