

Alternative Education Provider - Organisation Profile

Provider Name	uSports
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Summary of provision provided (please tick as appropriate)

Full Time Alternative Provision	
Part Time Alternative Provision	x
Tutoring	
On-line Learning	
Bespoke Provision delivered off-site	
Additional Interventions delivered on-site	x
Full or Part-Time Alternative Provision for Post 16 Students	
Key Stage 1	x
Key Stage 2	x
Key Stage 3	x
Key Stage 4	
16 Plus	
English Tuition	
Maths Tuition	
Science (including IT) Tuition	
Core Curriculum	
Vocational Training	
Physical activities – such as sports	x

Additional Provision Information

uSports 1:1 Support: Empowering Vulnerable Learners

Supporting Success: uSports offers targeted support within schools for vulnerable, disengaged, and SEND learners. These students have the potential to excel but might require additional guidance to access the full curriculum.

Active Interventions: uSports goes beyond traditional methods. We provide:

- **1:1 Mentorship:** A dedicated mentor acts as a positive role model and learning coach.
- **Movement Breaks:** Kinesthetic activities refocus students and enhance engagement.
- **Curriculum Adaptations:** Collaboration with teachers ensures the curriculum aligns with individual student needs.

Success Through Collaboration:

- **Communication:** Regular communication between mentors, teachers, parents, and students is key.
- **Data-Driven Approach:** Progress is tracked through assessments to ensure effectiveness.
- **Ongoing Training:** Mentors receive regular training to stay up-to-date with best practices.

Investing in Potential: uSports' 1:1 Support empowers vulnerable learners to overcome challenges, build confidence, and achieve academic success within the mainstream setting.

uSports Off-Site Sports Centre: Nurturing Young Minds and Bodies (499 words)

Our off-site sports centre, designed specifically for KS1 and KS2 students (ages 5-11). This unique programme goes beyond just physical activity, offering a fun and engaging environment where children can develop core sports values that translate into valuable life skills. Running three days a week, the program provides a holistic learning experience through a well-structured schedule:

Daily Schedule (9:30 AM - 2:30 PM):

- 9:30 AM - 10:00 AM - Arrival Activity: The day begins with an energetic icebreaker or team-building activity, setting a positive and social tone for the session. This could involve games, challenges, or cooperative exercises that encourage interaction and build rapport among participants.
- 10:00 AM - 10:45 AM - Practical Lesson 1: The first practical lesson dives into a specific sport. Qualified coaches will guide students through fundamental skills, drills, and mini-games, fostering a love for the sport and promoting physical literacy.
- 10:45 AM - 11:00 AM - Break: A short break provides a chance for students to refuel with a healthy snack and socialize with peers.
- 11:00 AM - 12:00 PM - Theory: Moving indoors, the focus shifts to the theoretical side of sportsmanship. Interactive sessions, led by engaging facilitators, explore core sports values such as teamwork, respect, resilience, communication, and sportsmanship. Age-appropriate activities like role-playing, discussions, and presentations might be used to reinforce these concepts.
- 12:00 PM - 12:30 PM - Practical Lesson 2: Building upon the theoretical session, students return to the field for a practical lesson that allows them to apply the learned values. This might involve activities where students take turns leading drills, encouraging teammates, or resolving conflicts within a game setting. Coaches will provide constructive feedback and guidance throughout the session.
- 12:30 PM - 1:00 PM - Lunch: A well-deserved lunch break provides time for relaxation and social interaction. Students can enjoy a healthy lunch brought from home or participate in a pre-ordered lunch program (details to be confirmed).
- 1:00 PM - 1:20 PM - Sports Quiz: A fun and interactive sports quiz challenges students' knowledge of various sports, rules, and trivia. This quiz not only reinforces learning but also fosters a spirit of healthy competition and teamwork as students collaborate to answer questions.
- 1:20 PM - 2:10 PM - Practical Lesson 3: The final practical lesson allows students to refine their skills, participate in scrimmages or mini-games, and further integrate the core sports values into their play. Coaches will create scenarios that encourage teamwork, problem-solving, and leadership skills in a dynamic and supportive environment.
- 2:10 PM - 2:30 PM - Summary: The day concludes with a group discussion where students can share their experiences, reflect on the key learnings, and ask questions. This allows for peer-to-peer learning and reinforces the valuable life skills they have acquired throughout the day.

By participating in the uSports Off-Site Sports Centre program, KS1 and KS2 students gain valuable life skills alongside a love for sports and physical activity. This program is an excellent opportunity to nurture well-rounded young individuals who are not only physically active but also equipped with the skills to succeed in all areas of life.

Pastoral Support Offered – please provide a summary of the pastoral care you provide

Here's how uSports will integrate pastoral support into our programmes:

Building Trust and Relationships:

- **Dedicated Coaches:** Each student will be assigned a dedicated coach who acts as a mentor throughout their program. This fosters trust and allows coaches to identify potential pastoral needs.
- **Safe Space:** The programme will create a safe and supportive environment where students feel comfortable expressing themselves and seeking help from coaches or facilitators.

Identifying Needs:

- **Observation and Check-Ins:** Coaches will be trained to observe students' behaviour, communication, and participation. Regular check-ins with students can identify any potential issues like social anxiety, low self-esteem, or difficulty working in teams.
- **Open Communication:** Open communication channels will be established with parents/guardians & schools to gather feedback and understand any pre-existing challenges students might face.

Providing Support:

- **Individualised Attention:** Coaches can provide additional support and guidance to students who are struggling with specific skills or concepts.
- **Positive Reinforcement:** Positive reinforcement and encouragement will be used to build confidence and self-esteem in all students.
- **Conflict Resolution:** Coaches will be equipped with strategies to help students resolve conflicts within games or team activities, fostering communication and teamwork skills.
- **Referral System:** If a student requires more extensive support, a referral system can be established to connect them with relevant school resources or external support services.

Additional Considerations:

- **Confidentiality:** All student information and concerns will be treated with the utmost confidentiality.
- **Collaboration:** uSports staff will collaborate with school staff to ensure a holistic approach to supporting students' needs.
- **Accessibility:** The program should be accessible to all students, regardless of physical abilities. This could involve modifications to activities or providing additional support as needed.

By integrating these pastoral support measures, uSports can create a program that not only fosters physical activity and core sports values but also ensures the well-being and emotional development of all participants.

Service Provider Benefits – please list the main benefits of your provision

- 1. **Develop Core Sports Values:** The program goes beyond just physical skills, instilling core values like teamwork, respect, resilience, and communication, which translate into positive life skills.
- 2. **Enhanced Physical Literacy:** Through engaging practical sessions, students develop proficiency in various sports, improve coordination, and foster a love for physical activity.
- 3. **Improved Social Skills:** The program environment encourages teamwork, collaboration, and communication, fostering valuable social skills that benefit students in all aspects of life.
- 4. **Interactive Learning:** A combination of practical activities, theory sessions, and quizzes creates a fun and engaging learning experience that keeps students motivated.
- 5. **Confidence Building:** The program provides a safe and supportive environment where students can experiment, learn from mistakes, and build confidence in their abilities.

Provider Outcomes – please list the main outcomes

- 1. **Increased Engagement:** Active learning fosters a love for learning.
- 2. **Academic Progress:** Targeted support bridges the achievement gap.

