



Emotional wellbeing support for schools 2024-2025

This is the Schools Links Project’s (SLP) offer to schools from the Educational Psychology Service and Primary Mental Health Team for this academic year.

There is a separate offer to parents/carers which can be found here:

<https://brighterfuturesforchildren.org/wp-content/uploads/2024/10/BFfC-parent-workshops-2024-2025.pdf>.

For further details please contact Wilma or Marieke:

Emotional literacy training - Wilma.Williams@brighterfuturesforchildren.org

Mental health surgeries - Marieke.Boer@brighterfuturesforchildren.org

Dates and booking details

	Title	Dates & Times	Description	Criteria
			Autumn TERM 1 Sept, Oct, Nov and Dec	
1.	Emotional Literacy Training (ELT)	<p>Day 1: 5 Nov 24 1.30-3pm</p> <p>Day 2: 12 Nov 24 1.30-3pm</p> <p>Day 3: 19 Nov24 1.30-3pm</p>	<p>Attendees are existing teaching assistants (or similar) who wish to be trained for the role of developing the emotional literacy of children and young people. The three-day training is delivered by educational psychologists (EP) and supported by primary mental health workers (PHMW). The course introduces participants to theories, best practice and a range of activities and resources to support children’s and young people’s emotional literacy.</p> <p>The course is very similar to the trademarked ELSA training but is more bespoke to Reading. It is aimed at primary, secondary, post-16 mainstream and specialist settings.</p> <p>Cost: £350.00 per person. This includes the 3-day training, a certificate, both online and printed resources and access to three network meetings a year</p> <p>To book a place visit the SLA portal by clicking on the following link: https://www.readingeducationservices.co.uk/</p>	Open to any setting in and outside of Reading that need to support children and young people with emotional literacy.



			NB: Set up a new account if you do not already have one.	
2.	Mental Health Surgeries (MHS)	Monday's, Tuesday's & Thursday	<p>MHS are run online and are free to schools. They are run weekly throughout the year alternating between Mondays, Tuesdays, and Thursdays.</p> <p>Schools sign up in advance to 1.5 hour slots, with an EP and a PHMW (not necessarily the school's link EP / link PMHW). There should be a <i>maximum of three</i> pupils to be discussed in any of the 1.5-hour slots.</p> <p>There should be a maximum of two professionals from school in each child's discussion so that we can hear and see them both clearly and therefore be able to provide our best guidance.</p> <p>Schools should seek verbal parental consent before bringing a child's case to a surgery so the discussion can be recorded against their name for future reference. We will, however, still discuss pupils where you have not been able to gain consent, but we will have to record only their initials. We will not be able to cross reference the surgery record with any other information about that child at a later date.</p> <p>To find out availability and book a session please email Marieke at: marieke.boer@brighterfuturesforchildren.org</p>	Open to all LA and Academy schools and post-16 colleges in Reading
			Spring TERM 2 Jan, Feb, March and April	
1.	Emotional Literacy Training (ELT)	<p>Day 1: 27 Feb 25 1.30-3pm</p> <p>Day 2: 6 March 25 1.30-3pm</p> <p>Day 3: 13 March 25 1.30-3pm</p>	<p>Attendees are existing teaching assistants (or similar) who wish to be trained to take on the role of developing the emotional literacy of children and young people. The three-day training is delivered by EPs and supported by PMHWs. The course introduces participants to theories, best practice and a range of activities and resources that can be used to support children's and young people's emotional literacy.</p> <p>The course is very similar to the trade marked ELSA training but is more bespoke to Reading.</p>	Costed course application is through SLA portal. Open to any setting in and outside of Reading that need to support children and young people with emotional literacy.



			<p>It is aimed at primary, secondary, post-16 mainstream and specialist settings.</p> <p>Cost: £350.00 per person. This includes the 3-day training, a certificate, both online and printed resources and access to three network meetings a year</p> <p>To book a place visit the SLA portal by clicking on the following link: https://www.readingeducationservices.co.uk/</p> <p>NB: Set up a new account if you do not already have one</p>	
2.	Mental Health Surgeries (MHS)	Monday's, Tuesday's & Thursday's	<p>MHS are run online and are free to schools. They are run weekly throughout the year, alternating between Mondays, Tuesdays, and Thursdays.</p> <p>Schools sign up in advance to 1.5 hours slots, with an EP and a PHMW. They will not necessarily be the school's link EP / link PMHW. There should be a <i>maximum of three</i> pupils to be discussed in any of the 1.5-hour slots.</p> <p>There should be a maximum of two professionals from school in each child's discussion so that we can hear and see them both clearly and therefore be able to provide our best guidance.</p> <p>Schools should seek verbal parental consent before bringing a child's case to a surgery so the discussion can be recorded against their name for future reference. We will, however, still discuss pupils where you have not been able to gain consent, but we will have to record only their initials. We will not be able to cross reference the surgery record with any other information about that child at a later date.</p> <p>To find out availability and book a session, please email Marieke at: marieke.boer@brighterfuturesforchildren.org</p>	Open to all LA and Academy schools in Reading.

Summer TERM 3

May, June, July and August

1.	Emotional Literacy Training	<p>Day 1: 4 June 25 1.30-3pm</p> <p>Day 2: 11 June 25 1.30-3pm</p> <p>Day 3: 18 June 25 1.30-3pm</p>	<p>Attendees are existing teaching assistants (or similar) who wish to be trained to take on the role of developing the emotional literacy of children and young people. The three-day training is delivered by EPs and supported by PMHWs. The course introduces participants to theories, best practice and a range of activities and resources that can be used to support children's and young people's emotional literacy.</p> <p>The course is very similar to the trade marked ELSA training but is more bespoke to Reading. It is aimed at primary, secondary, post-16 mainstream and specialist settings.</p> <p>Cost: £350.00 per person. This includes the 3-day training, a certificate, both online and printed resources and access to three network meetings a year.</p> <p>To book a place visit the SLA Portal by clicking on the following link: https://www.readingeducationservices.co.uk/</p> <p>NB: Set up a new account if you do not already have one.</p>	<p>Costed course application is through SLA portal. Open to any setting in and outside of Reading that need to support children and young people with emotional literacy.</p> <p>All Reading Schools (primary, secondary and specialist)</p>
2.	MHS (Mental Health Surgeries)	Monday's, Tuesday's & Thursday's	<p>MHS are run online and are free to schools. They are run weekly throughout the year, alternating between Mondays, Tuesdays, and Thursdays.</p> <p>Schools sign up in advance to 1.5 hours slots, with an EP and a PHMW. They will not necessarily be the school's link EP / link PMHW. There should be a <i>maximum of three</i> pupils to be discussed in any of the 1.5-hour slots.</p> <p>There should be a maximum of two professionals from school in each child's discussion so that we can hear and see them both clearly and therefore be able to provide our best guidance.</p> <p>Schools should seek verbal parental consent before bringing a child's case to a surgery so the discussion can be recorded against their name for future reference. We will, however,</p>	Open to all LA and Academy schools in Reading.



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