

West Cluster Timetable

September - December 2024



These activities are all taking place at Ranikhet Children's Centre or Battle Library.
Have a look at what fun activities you can book on to:

www.brighterfuturesforchildren.org

Monday

Movement & Songs

(Battle Library)
10-10.30am
Term-time only
18 months-5 years

Baby Massage Hold & Reassurance *

(Battle Library)
11am-12noon
9-23 September
11-25 November

Toe to Head

Baby Massage *

(Battle Library)
11am-12noon
30 Sept-21 Oct
8 weeks to 11 months

Virtual sessions *

1-2pm
• Intro to family foods
• Toilet training

Tuesday

NHS Health Visiting Service

(Ranikhet CC)
9.30-10.30am
3 month contact
11am-12noon
6 month contact
3rd Tuesday of the month,
invite only

Tiny Talkers *

(Ranikhet CC)
10-11am
10 Sept-15 Oct
5 Nov-10 Dec
18 months-5 years

Bumps and Babes

(Ranikhet CC)
1-2pm
Bumps to 1 year

Meet the Health Visitor

(Ranikhet CC)
1-2pm
Bumps to 1 year
3rd Tuesday of the month

Wednesday

Stay & Play

(Ranikhet CC)
10-11am
1-5 years

Bumps and Babes

(Battle Library)
10-11am
Bumps to 1 year

Rhyme & Song

(Battle Library)
11.30am-12noon
0-5 years

Visit our page
for more info



Thursday

Well-baby Clinic

(Ranikhet CC)
9.30-11.30am
1st Thursday of the month

Time for Twos *

(Ranikhet CC)
10-11.30am
5 Sept-28 Nov
For ages 2-3 years

Rhyme & Song

(Ranikhet CC)
11.45am-12.15pm
0-5 years

NHS Health Visiting Service

(Ranikhet CC)
2 year reviews
Invite only

*Booking required

Friday

Play & Learn

(Ranikhet CC)
10-11.30am
0-5 years

NHS Health Visiting Service

(Ranikhet CC)
Nine-month reviews
Invite only

Family Employment

Advisor

(Ranikhet CC)
10am-12noon
Please call for an appointment

Self-weigh Baby Scales

(All centres)
Anytime during opening hours
For babies 16 weeks +

more info overleaf

For all sessions that require booking:

You can now book using our new [parent portal](#) or attend your local children's centre for support.

More information on our free sessions at West Cluster

Movement & Songs

Come and enjoy our active song session. This fun activity will help your child with their social skills, language development and love of movement.

Meet the Health Visitor

If you have any health questions about your baby, come and join our session every 2nd Tuesday of the month.

Well-baby Clinic

The Well-baby Clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and weigh your baby.

Family Employment Advisor

Help with anything work-related. Starting and returning to work, finding courses and employment, CVs and interview techniques.

Play & Learn

Join us for this new session where you can support your little one to explore planned activities while learning about child development so you have an understanding of your child's progress.

Bumps and Babes

Come and join our friendly and welcoming bumps and babes group, a great opportunity to meet other expectant parents and babies.

Time for Twos

A new session for children aged two to help with the first steps of getting ready for nursery and a chance to meet other children and learn through play.

Family Employment Advisor

Help with anything work-related. Starting and returning to work, finding courses and employment, CVs and interview techniques.

Stay & Play

Join us for a fun and friendly session offering a range of activities for babies and children aged under five.

Baby Massage - Hold & Reassurance

A lovely massage course to help promote bonding, touch, skin to skin and settling. Learn about safer sleeping and why it is normal for babies to cry. Led by our qualified development baby massage teacher. To book, please call 07929 656 131 or email leah.abercrombie@brighterfuturesforchildren.org

Toe to Head Baby Massage

Four weeks of special bonding time with your baby where you will learn calming massage techniques.

To book, please call 07929 656 131 or email leah.abercrombie@brighterfuturesforchildren.org

NHS Health Visiting Service

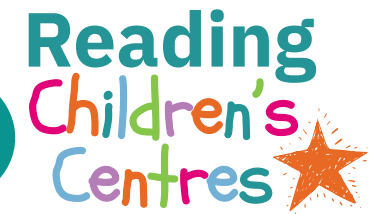
Development reviews with the health visiting team for nine-month and 2-year-olds to discuss your child's progress and ask any questions.

Rhyme & Song

Children love singing! Singing slows language down and provides rhyme and repetition, supporting children to develop their awareness of relationships between letters and sounds.

Tiny Talkers

Learn ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment.



Find us at:

Battle Library
420 Oxford Road
Reading
RG30 1EE

Ranikhet Children's Centre
Thurso Close
Reading
RG30 4YH



Useful contacts

Reading Family Information Service (FIS): fis@reading.gov.uk

Community midwives: 0118 322 8059

Health visiting team: 0118 931 2111

Find us at
Reading Children's Centres

