## South Reading Timetable

September - December 2024

These activites are all taking place at Whitley Children's Centre. Have a look at what fun activities you can book on to:





www.brighterfuturesforchildren.org

## Monday

## Rainbows with Reading Family Church

(Whitley CC) 10-11.30am

#### Tiny Talkers \*

(Whitley CC) 10-11.30am

#### Portage \*

(Whitley CC) 1-2.30pm *Invite only* 

## Tuesday

#### **Bumps and Babes**

(Whitley CC) 10-11.30am 0-6 months

#### **Meet the Health Visitor**

(Whitley CC) 11am-12noon 3rd Tuesday of the month

#### **Stay & Play**

(Whitley CC) 1-2pm For under 5s

## Wednesday

#### **Midwife Meet & Greet**

(Whitley CC)
9.30-11am
Invite only, once a month

#### **Messy Play**

(Whitley CC)
1-2pm
Under 18 months, every week

except first Weds of the month

#### **Well-baby Clinic**

Whitley CC 1.30-3.30pm First Weds of the month

## Thursday

#### Time for Twos \*

(Whitley CC) 9.30-11am For ages 2-3 yrs

#### Family Maths is Fun!\*

(Whitley CC) 1-2pm With New Directions College

## Friday

#### **Let's Get Physical**

(Whitley CC) 1-2pm

#### Self-weigh Baby Scales

(All centres)
Anytime during
opening hours
For babies 16 weeks+

#### \*Booking required



Visit our page for more info





## For all sessions that require booking:

You can now book via our new <u>parent portal</u> or attend your local children's centre for support.





# More information on our free sessions at South Reading Cluster



Fun activities planned around areas of child development. A supportive session for all families in the local area.

## Bumps and Babes

Do you have a baby aged 0-6 months? Join us for a pre-booked session with an experienced baby development worker enjoying activities to stimulate your baby's senses.

#### Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment.

#### Meet the Health Visitor

If you have any health questions about your baby for the Health Visitor, come and join our friendly Bumps and Babes session every third Thursday of the month.

#### Time for Twos

A new session for children aged two to help with the first steps of getting ready for nursery and a chance to meet other children and learn through play.

## Rhyme and Song

Who doesn't love a sing song? Come and enjoy nursery rhymes and songs in a friendly group. It's a fun way to encourage speech and language skills.

### Family Maths is Fun!

A fun stay & play session in partnership with New Directions College, focusing on supporting your child's interest in maths and to help you continue to develop this at home and in the community. For children under five.

#### Well-baby Clinic

The Well-baby clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and you can also weigh your baby.





#### Midwife Meet & Greet

Meet the Blossom Midwife team and ask any questions you may have. This is an invite only session so please speak to your midwife to book.

## Messy Play

Your young child, under 18 months old, will explore different textures and materials in a safe and friendly environment.

## Stay and Play

For under fives. Each week we will have new and exciting activities to play, learn and have fun from messy play, singing & arts and crafts.

## Let's Get Physical

For children aged 1-3 to develop their physical skills, with lots of opportunity to jump, climb and be active with friends.

#### Find us at:

Whitley Children's Centre 252 Northumberland Avenue Whitley, Reading RG2 7QA

#### Useful contacts

Reading Family Information Service (FIS): fis@reading.gov.uk

Community midwives: 0118 322 8059 Health visiting team: 0118 931 2111

