



Dads-to-be antenatal group

Are you about to be a new dad? Is this a whole new experience for you?

Meet other dads-to-be at a friendly session led by a midwife and children's centre staff.

You'll get to learn or practice practical baby care skills and understand the importance of your role as a supportive partner during pregnancy and labour, and as a father when your baby is home.

Please note, you will need to attend both sessions.

★ **East Reading Children's Centre**
Sun Street, Reading RG1 3JX
(car park on site)

★ **Thursday 17 October, 6.30-9.30pm**
and

★ **Thursday 24 October, 6.30-9.30pm**

For more information and to book, contact:

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