

SCHOOL STAFF & PROFESSIONALS WORKSHOPS 2023-2024

Brighter Futures for Children, Education department are hosting a range of training and workshops for schools and professionals.

If you require support or training that is not listed, please contact Alice Boon or Deb Hunter on the email below alice.boon@brighterfuturesforchildren.org or Deborah.Hunter@brighterfuturesforchildren.org

Dates and booking details:

#	Session Name	Dates, Times & Venue	Description	Contact for booking	Criteria
			Autumn TERM 1 Sep, Oct, Nov & Dec		
1.	Therapeutic thinking schools' drop-in sessions	26 September 2023 9-11.45am 45min slots available Free online session via MS Teams	An opportunity to discuss 1-1: individual student plans, implementation and training queries, policy development and staffing issues. Hour long Sessions are free. <u>For more information, please refer to:</u> https://brighterfuturesforchildren.org/professionals/school-effectiveness-services/therapeutic-thinking-schools/	Afua.osabutey@brighterfuturesforchildren.org	Schools must have a trained HT and participants must have undergone Therapeutic Thinking schools based training.
2.	Supporting anxious pupils in schools	30 October 2023 1-3.30pm Free online session via MS Teams	This workshop is aimed at teaching staff and support staff, in order to support those pupils with specific anxieties that are impacting on their learning, development or wellbeing but are not preventing them from attending school or lessons. Please note the EBSA Workshop (also listed on this document) is aimed at pupils that are showing signs of avoiding lessons and school. It teaches simple strategies based on CBT that can be applied by a range of school staff with individuals or groups of students to reduce anxiety in their students.	Wilma.Williams@brighterfuturesforchildren.org	All Reading Schools (primary, secondary and specialist)

			<p>These strategies can be applied in the moment across the school day or form part of a more structured timetabled intervention.</p>		
3.	<p>Intensive Interaction Skilled Practitioner 3 Day Course</p>	<p>Day 1 30 October 2023</p> <p>Day 2 27 November 2023</p> <p>Day 3 15 January 2024</p> <p>9.30am-3.30pm</p> <p>In person: Committee Room 1, Civic Offices</p>	<p>A mentored course over three months, with three facilitated study days to develop good intensive interaction practices, using a combination of learning experiences, including: video evaluation, presentations, facilitated and course reading.</p> <p>The course is directed to those that have attended the one day 'Intensive Interaction Training Course' initially.</p> <p>This course is for those involved in the care, support and education of children and young people who require support to develop their social communication skills.</p> <p>Cost: £66:00 per person</p>	<p>Wilma.Williams@brighterfuturesforchildren.org</p> <p>Or</p> <p>book via the SLA Portal</p>	<p>Only for those who have done the one day course.</p> <p>Schools only</p>
4.	<p>Understanding and supporting attention for learning</p>	<p>06 November 2023</p> <p>9-11.30am</p> <p>Free online session via MS Teams</p>	<p>This is a 2.5 hour workshop targeted towards class teachers. It focuses on understanding attention and executive functions, how these may impact on learning in the classroom and suggestions for support strategies.</p>	<p>Wilma.Williams@brighterfuturesforchildren.org</p>	<p>All Reading Schools (primary, secondary and specialist)</p>
5.	<p>Little People Big Feelings (LPBF)</p>	<p>06 November 2023</p> <p>9.30-11am</p> <p>Free online session via MS Teams</p>	<p>Workshop that helps early years' practitioners know how to best respond to young children's BIG feelings and the BIG behaviours that come with it.</p> <p>It explains emotional welling being and emotional regulation in pre-school children.</p>	<p>Wilma.Williams@brighterfuturesforchildren.org</p>	<p>Reading Early Years' settings</p>
6.	<p>EBSA Workshop</p>	<p>07 November 2023</p> <p>1 – 2.30pm</p> <p>Free online session via MS Teams</p>	<p>This EBSA workshop is aimed at schools and other professionals working with children with a significant level of anxiety that is preventing them from accessing school and possibly the community.</p>	<p>Sinclair.Jordan@brighterfuturesforchildren.org</p>	<p>This is relevant to both primary and secondary aged students.</p>

7.	Therapeutic thinking schools' drop-in sessions	13 November 23 9-11.45am 45 min slots available Free online session via MS Teams	An opportunity to discuss 1-1: individual student plans, implementation and training queries, policy development and staffing issues. Hour long Sessions are free, but schools must have a trained HT and participants must have undergone school-based training. <u>For more information, please refer to:</u> https://brighterfuturesforchildren.org/professionals/school-effectiveness-services/therapeutic-thinking-schools/	Afua.Osabutey@brighterfuturesforchildren.org	Schools must have a trained HT and participants must have undergone Therapeutic Thinking schools based training.
8.	Resilience	30 November 2023 3– 5.30pm Free online session via MS Teams	“Prepare the child for the road, not the road for the child”. It’s the ability to adapt well to adversity, trauma, threats or stress – It is difficult and distressing but schools can help children and young people to manage their feelings around anxiety and uncertainty.	Wilma.Williams@brighterfuturesforchildren.org	All Reading Schools (primary, secondary and specialist)
Spring TERM 2 Jan, Feb & March					
1.	EBSA Workshop	09 January 2024 1 – 2.30pm Free online session via MS Teams	This EBSA workshop is aimed at schools and other professionals working with children with a significant level of anxiety that is preventing them from accessing school and possibly the community.	Sinclair.Jordan@brighterfuturesforchildren.org	This is relevant to both primary and secondary aged students.
2.	Supporting anxious pupils in schools	18 January 2024 1.30-4pm Free in person: <u>Venue</u> St Johns Primary School, 121-147 Orts Rd, Reading RG1 3JN	This workshop is aimed at teaching staff and support staff, in order to support those pupils with specific anxieties that are impacting on their learning, development or wellbeing but are not preventing them from attending school or lessons. Please note the EBSA Workshop (also listed on this document) is aimed at pupils that are showing signs of avoiding lessons and school. It teaches simple strategies based on CBT that can be applied by a range of school staff with individuals or groups of students	Wilma.Williams@brighterfuturesforchildren.org	All Reading Schools (primary, secondary and specialist)

			<p>to reduce anxiety in their students.</p> <p>These strategies can be applied in the moment across the school day or form part of a more structured timetabled intervention.</p>		
3.	Therapeutic thinking schools' drop-in sessions	<p>30 January 2024</p> <p>9-11.45am</p> <p>45 min slots available</p> <p>Free online session via MS Teams</p>	<p>An opportunity to discuss 1-1: individual student plans, implementation and training queries, policy development and staffing issues. Hour long Sessions are free, but schools must have a trained HT and participants must have undergone school-based training.</p> <p><u>For more information, please refer to:</u></p> <p>https://brighterfuturesforchildren.org/professionals/school-effectiveness-services/therapeutic-thinking-schools/</p>	<p>Afua.Osabutey@brighterfuturesforchildren.org</p>	Schools must have a trained HT and participants must have undergone Therapeutic Training.
4.	Understanding and supporting attention for learning	<p>01 February 2024</p> <p>9.30am – 12.30pm</p> <p>Free in person:</p> <p><u>Venue</u></p> <p>St Johns Primary School, 121-147 Orts Rd, Reading RG1 3JN</p>	<p>A 2.5 hour workshop targeted towards class teachers. It focuses on understanding attention and executive functions, how these may impact on learning in the classroom and suggestions for support strategies.</p>	<p>Wilma.Williams@brighterfuturesforchildren.org</p>	All Reading Schools (primary, secondary and specialist)
5.	Intensive Interaction One Day Course	<p>04 March 2024</p> <p>9.30am-3.30pm</p> <p>In person: Council Chambers, Civic Offices</p>	<p>A one-day course on the background, principles and techniques of Intensive Interaction, including the outcomes and benefits for children and those who care for them.</p> <p>Cost: £66:00 per person Book via the SLA Portal</p>	<p>Wilma.Williams@brighterfuturesforchildren.org</p>	Those involved in the care, support and education of children and young people who require support to develop their social communication skills
6.	EBSA Workshop	<p>5 March 2024</p> <p>1 – 2.30pm</p> <p>Free online session via MS Teams</p>	<p>This EBSA workshop is aimed at schools and other professionals working with children with a significant level of anxiety that is preventing them from accessing school and possibly the community.</p>	<p>Sinclair.Jordan@brighterfuturesforchildren.org</p>	This is relevant to both primary and secondary aged students.
7.	Resilience	<p>07 March 2024</p> <p>9.30am-12 noon</p>	<p>“Prepare the child for the road, not the road for the child”.</p>	<p>Wilma.Williams@brighterfuturesforchildren.org</p>	All Reading Schools (primary, secondary and specialist)

		Free, in person Venue St Johns Primary School, 121-147 Orts Rd, Reading RG1 3JN	It's the ability to adapt well to adversity, trauma, threats or stress – It is difficult and distressing but schools can help children and young people to manage their feelings around anxiety and uncertainty.	esforchildren.org	
8.	Therapeutic thinking schools' drop-in sessions	12 March 24 3.30-5pm 45 min slots available Free online session via MS Teams	An opportunity to discuss 1-1: individual student plans, implementation and training queries, policy development and staffing issues. Hour long Sessions are free, but schools must have a trained HT and participants must have undergone school-based training. <u>For more information, please refer to:</u> https://brighterfuturesforchildren.org/professionals/school-effectiveness-services/therapeutic-thinking-schools/	@AfuaOsabutey esforchildren.org	Schools must have a trained HT and participants must have undergone Therapeutic Thinking schools based training.
9.	Emotional Literacy Practitioner Training	Day 1: 27 February 2024 Day 2: 5 March 2024 Day 3: 12 March 2024 9.30am – 3.30pm Venue: JMA John Madejski Academy, 125 Hartland Road, Reading, RG2 8AF	Attendees are existing teaching assistants (or similar) who wish to be trained to take on the role of developing the emotional literacy of children and young people. The three-day ELSA derived training is delivered by Educational Psychologists and supported by Primary Mental Health Workers. The course introduces participants to a range of activities and resources that can be used to support children's and young people's emotional literacy and opportunities practise these skills. Cost: £350.00 per person	Wilma.Williams @brighterfutureforchildren.org or book via the SLA Portal	Costed course application is through SLA portal. Open to any setting in and outside of Reading that need to support children and young people with emotional literacy.
10.	Little People Big Feelings (LPBF)	26 March 2024 10-11.30am Free in person: Committee Room 1, Civic Centre	Workshop that helps early years' practitioners know how to best respond to young children's BIG feelings and the BIG behaviours that come with it. It explains emotional welling being and emotional regulation in pre-school children.	Wilma.Williams @brighterfutureforchildren.org	Reading Early Years' settings
			Summer TERM 3 April, May, June & July		

1.	Therapeutic thinking schools' drop-in sessions	30 April 2024 9-11.45am 45mins slots available	An opportunity to discuss 1-1: individual student plans, implementation and training queries, policy development and staffing issues. Hour long Sessions are free, but schools must have a trained HT and participants must have undergone school-based training. <u>For more information, please refer to:</u> https://brighterfuturesforchildren.org/professionals/school-effectiveness-services/therapeutic-thinking-schools/	Afua.Osabutey@brighterfuturesforchildren.org	Schools must have a trained HT and participants must have undergone Therapeutic Thinking schools based training.
2.	EBSA Workshop	07 May 2024 1 – 2.30pm Free online session via MS Teams	This EBSA workshop is aimed at schools and other professionals working with children with a significant level of anxiety that is preventing them from accessing school and possibly the community.	Sinclair.Jordan@brighterfuturesforchildren.org	This is relevant to both primary and secondary aged students.
3.	Resilience	22 May 2024 3- 5.30pm Free online session via MS Teams	“Prepare the child for the road, not the road for the child”. It’s the ability to adapt well to adversity, trauma, threats or stress – It is difficult and distressing but schools can help children and young people to manage their feelings around anxiety and uncertainty.	Wilma.Williams@brighterfuturesforchildren.org	All Reading Schools (primary, secondary and specialist)
4.	Understanding and supporting attention for learning	13 May 2024 9.30am– 12 noon Free online session via MS Teams	A 2.5 hour workshop targeted towards class teachers. It focuses on understanding attention and executive functions, how these may impact on learning in the classroom and suggestions for support strategies.	Wilma.Williams@brighterfuturesforchildren.org	All Reading Schools (primary, secondary and specialist)
5.	Crossing the Threshold	03 Jun 2024 3.30- 4.30pm Free online session via MS Teams	A psychoeducation refresher about the function and presentation of anxiety, with strategies for supporting parents and carers at the school gate with separating from their child.	natalie.knight@brighterfuturesforchildren.org	Aimed at all Early Years staff but everyone welcome. School staff only in MHST schools
6.	Therapeutic thinking Schools Annual refresher	11 June 2024 9am-3.45pm Free online session via MS Teams	Refresher training for in school leads covering core modules, latest updates, whole system leadership and local outcomes with Angie Wadham/Adam Hayes. <u>For more information, please refer to:</u>	Afua.Osabutey@brighterfuturesforchildren.org	Schools must have a trained HT and participants must have undergone Therapeutic Thinking schools based training.

			https://brighterfuturesforchildren.org/professionals/school-effectiveness-services/therapeutic-thinking-schools/		
7.	Emotional Literacy Practitioner Training	<p>Day 1: 12 June 2024</p> <p>Day 2: 19 June 2024</p> <p>Day 3: 26 June 2024</p> <p>9.30am – 3.30pm</p> <p>Venue: The Heights Primary School, 129 Upper Woodcote Road, Caversham, Reading, RG4 7LB</p>	<p>Attendees are existing teaching assistants (or similar) who wish to be trained to take on the role of developing the emotional literacy of children and young people. The three-day ELSA derived training is delivered by Educational Psychologists and supported by Primary Mental Health Workers. The course introduces participants to a range of activities and resources that can be used to support children's and young people's emotional literacy and opportunities practise these skills.</p> <p>Cost: £350.00 per person</p>	<p>Wilma.Williams@brighterfuturesforchildren.org</p> <p>Or through SLA portal</p>	Costed course application is through SLA portal. Open to any setting in and outside of Reading that need to support children and young people with emotional literacy.
8.	Intensive Interaction One Day Course	<p>24 June 2024</p> <p>9.30am – 3.30pm</p> <p>In person: Council Chambers, Civic Offices</p>	<p>A one-day course on the background, principles and techniques of Intensive Interaction, including the outcomes and benefits for children and those who care for them.</p> <p>Cost: £66:00 per person</p>	<p>Wilma.Williams@brighterfuturesforchildren.org</p> <p>or</p> <p>Book via the SLA Portal</p>	Those involved in the care, support and education of children and young people who require support to develop their social communication skills
9.	Therapeutic thinking schools' drop-in sessions	<p>25 June 2024</p> <p>9-11.45am</p> <p>45mins slots available</p> <p>Free online session via MS Teams</p>	<p>An opportunity to discuss 1-1: individual student plans, implementation and training queries, policy development and staffing issues. Hour long Sessions are free, but schools must have a trained HT and participants must have undergone school-based training.</p> <p><u>For more information, please refer to:</u></p> <p>https://brighterfuturesforchildren.org/professionals/school-effectiveness-services/therapeutic-thinking-schools/</p>	<p>Afua.Osabutey@brighterfuturesforchildren.org</p>	Schools must have a trained HT and participants must have undergone Therapeutic Thinking schools based training.
10.	EBSA Workshop	<p>2 July 24</p> <p>1 – 2.30pm</p> <p>Free online session via MS Teams</p>	<p>This EBSA workshop is aimed at schools and other professionals working with children with a significant level of anxiety that is preventing them from accessing school and possibly the community.</p>	<p>Sinclair.Jordan@brighterfuturesforchildren.org</p>	This is relevant to both primary and secondary aged students.

11.	Little People Big Feelings (LPBF)	8 July 2024 9.30 -11.00am Free online session via MS Teams	Workshop that helps early years' practitioners know how to best respond to young children's BIG feelings and the BIG behaviours that come with it. It explains emotional welling being and emotional regulation in pre-school children.	Wilma.Williams@brighterfuturesforchildren.org	Reading Early Years' settings
12.	Supporting anxious pupils in schools	18 July 2024 2.30 – 5.00pm Free online session via MS Teams	This workshop is aimed at teaching staff and support staff, in order to support those pupils with specific anxieties that are impacting on their learning, development or wellbeing but are not preventing them from attending school or lessons. Please note the EBSA Workshop (also listed on this document) is aimed at pupils that are showing signs of avoiding lessons and school. It teaches simple strategies based on CBT that can be applied by a range of school staff with individuals or groups of students to reduce anxiety in their students. These strategies can be applied in the moment across the school day or form part of a more structured timetabled intervention.	Wilma.Williams@brighterfuturesforchildren.org	All Reading Schools (primary, secondary and specialist)
13.	Crossing the Threshold	22 July 2024 3.30-4.30pm Free online session via MS Teams	A psychoeducation refresher about the function and presentation of anxiety, with strategies for supporting parents and carers at the school gate with separating from their child.	natalie.knight@brighterfuturesforchildren.org	Aimed at all Early Years staff but everyone welcome. School staff only in MHST schools