

Rhymetime sessions at your local library

Rhymetimes – why they are important

Singing rhymes with babies is great for:

- language development
- strengthening the bond between you and your baby
- helping children begin understanding the world around them.

As well as helping your child's development, it's also a great way for you to meet other parents.

Action songs involve movement and coordination while also connecting emotionally with the music and words. In even the simplest songs, the whole brain and body are engaged, which is important for the baby's development.

Rhymes are a uniquely child-friendly means of introducing babies and toddlers to the wonder of story and imagination found in the books you can borrow from your library.

Singing rhymes at the toddler stage provides a strong foundation for learning to read slightly later on. This is because rhymes help create an understanding of rhythm, and an enjoyment of words. Put simply, good rhymers make good readers!

Parents and carers often benefit from Rhymetime, too, since they're great places to make new friends.

Don't worry if you don't know the words or actions. We repeat our favourite rhymes most weeks - repetition is really great for children's learning - so you'll soon pick things up and be able to share the songs and rhymes with your child at home, as well.

As your child's first teacher, you will have the opportunity to share new words, exciting ideas, and imaginative play with your child anywhere and anytime. Rhymetime demonstrates one way you can incorporate fun early learning experiences into your child's day.

Check out at your local library for rhymetime sessions:

<https://www.reading.gov.uk/leisure/libraries/rhymetimes/>

