

# Baby Boost – Let's Go!

## January – March 2024



**BabyBoost**  
For lockdown babies

Baby Boost provides fun, **FREE** and interactive play sessions jam-packed with exciting learning experiences for children born in lockdown. These sessions will be held across Reading at your nearest children's centre (CC) or other local venue.

### Monday

Sport in Mind  
Multi-sports  
South Reading  
Leisure Centre  
9.30-10.15am

### Tuesday

#### Stay and Play

Southcote CC  
10-11.30am

#### Sport in Mind

#### Football

Prospect Park 3G Pitch  
9.30-10.15am

#### Multi-sports

Rivermead Leisure Centre  
11-11.45am

#### Messy play

Coley Community  
Centre  
1-2pm

### Wednesday

#### Soft Play

Coley Community  
Centre  
9.45-10.45am

#### Stay and Play

Battle Library  
1-2.15pm

#### Sport in Mind

#### Yoga Dance & Movement

Southcote CC  
12.45-1.30pm  
Lyndhurst Road  
Community Centre  
2.30-3.15pm

### Thursday

#### Stay and Play

Sun Street CC  
11.30am-12.45pm

#### Sport in Mind

Multi-sports  
Battle Library  
11-11.45am

### Friday

#### Stay and Play

Whitley CC  
9.30-10.45am

#### Sport in Mind

#### Rugby

South Reading  
Leisure Centre  
9.30-10.15am

#### Football

Palmer Park 3G Pitch  
11-11.45am

### Saturday

*No sessions today*

Find out more!



Sport in Mind sessions are term-time only

more info overleaf

For all sessions, please book your place.

Email: [baby.boost@brighterfuturesforchildren.org](mailto:baby.boost@brighterfuturesforchildren.org)

Follow us at  
@BFfCChild



# Baby Boost – Let's Go!

**All children born in lockdown missed out on vital learning and development opportunities due to the pandemic when all support services were closed.**

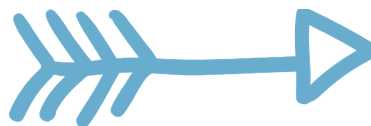
Research shows that when children access high quality and well planned activities, they make faster progress and any delay they may have experienced due to the pandemic will be reversed.

Every Baby Boost session will support your child's learning and development in the three prime areas of the early years foundation stage, giving them a good solid foundation for when they start nursery and school.

Our focus is on providing a rich environment to support speech and language, with enough space for children to move freely and get physical, plus lots of opportunities to interact and get busy with new friends!

- All sessions are sensitively supported by experienced staff who have a wide knowledge of child development and understand the ways children learn.

**Stay and Play sessions will last 1 hour 15 minutes and Sport in Mind sessions are 45 minutes. Water and a fruit snack will be provided.**



## Find us at:

### **Battle Library**

420 Oxford Road, Reading RG30 1EE

### **Coley Community Centre**

140 Wensley Rd, Coley Park, Reading RG1 6DW

### **Ranikhet Children's Centre**

Dee Space, Ranikhet Children's Centre,  
Thurso Close Reading RG30 4YH

### **Southcote Children's Centre**

85 Coronation Square, Reading RG30 3QP

### **Sun Street Children's Centre**

Sun Street, Reading RG1 3JX

### **Whitley Children's Centre and Whitley library**

252 Northumberland Avenue, Reading RG2 7QA

### **Sport in Mind**

- Palmer Park 3G Pitch, Reading RG6 1LF
- South Reading Leisure Centre, Reading RG2 8DF
- Prospect Park, Liebenrood Road, Reading RG30 2ND
- Caversham, Reading RG4 8BY
- Rivermead Leisure Centre, Richfield Avenue, Reading RG1 8EQ
- Lyndhurst Road Community Centre  
Lyndhurst Road, Tilehurst, Reading RG30 6UB

## Useful contacts

**Reading Family Information Service**

fis@reading.gov.uk

**Community midwives**

0118 322 8059

**Health visiting team**

0118 931 2111

[www.brighterfuturesforchildren.org/p&c-baby-boost](http://www.brighterfuturesforchildren.org/p&c-baby-boost)