**Documents to align to, when designing/delivering a PSHE teaching programme (updated March 2022)**

1. [Relationships Education, Relationships and Sex Education (RSE) and Health Education](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/781150/Draft_guidance_Relationships_Education__Relationships_and_Sex_Education__RSE__and_Health_Education2.pdf) (February 2019)
2. [PSHE Association Programme of Study KS1-5](https://www.pshe-association.org.uk/curriculum-and-resources/resources/programme-study-pshe-education-key-stages-1%E2%80%935) (2020/21 updated version)
3. [Guidance on teaching about mental health and emotional wellbeing – PSHE Association](https://pshe-association.org.uk/mental-health-guidance)
4. [Mental health and behaviour in schools](https://www.gov.uk/government/publications/mental-health-and-behaviour-in-schools--2) – DfE
5. [Keeping children safe in education](https://www.gov.uk/government/publications/keeping-children-safe-in-education--2) – DfE
6. [Preventing and tackling bullying](http://www.education.gov.uk/aboutdfe/advice/f0076899/preventing-and-tackling-bullying) (Preventing and tackling bullying: Advice for head teachers, staff and governing bodies, July 2013, updated 2017)
7. [Drug and Alcohol Education](https://www.gov.uk/government/publications/drugs-advice-for-schools)
8. [Equality](https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools) (Equality Act 2010: Advice for school leaders, school staff, governing bodies and local authorities, revised June 2014). Schools should pay particular attention to the [Public sector equality duty (PSED)](https://www.gov.uk/government/publications/public-sector-equality-duty) (s.149 of the Equality Act).
9. [Respectful School Communities: Self-Review and Signposting Tool](https://educateagainsthate.com/) (a tool to support a whole school approach that promotes respect and discipline)
10. [Behaviour and Discipline in Schools](https://www.gov.uk/government/publications/behaviour-and-discipline-in-schools) (advice for schools, including advice for appropriate behaviour between pupils)
11. [SEND code of practice](https://www.gov.uk/government/publications/send-code-of-practice-0-to-25): 0 to 25 years (statutory guidance)
12. [Alternative Provision](https://www.gov.uk/government/publications/alternative-provision) (statutory guidance)
13. [Mental Health and Behaviour in Schools](https://www.gov.uk/government/publications/mental-health-and-behaviour-in-schools--2) (advice for schools)
14. [Preventing and Tackling Bullying](https://www.gov.uk/government/publications/preventing-and-tackling-bullying) (advice for schools, including advice on cyberbullying)
15. [Sexual violence and sexual harassment between children in schools](https://www.gov.uk/government/publications/sexual-violence-and-sexual-harassment-between-children-in-schools-and-colleges) (advice for schools)
16. [The Equality and Human Rights Commission Advice and Guidance](https://www.equalityhumanrights.com/en/advice-and-guidance) (provides advice on avoiding discrimination in a variety of educational contexts, including [nine protected characteristics](https://www.equalityhumanrights.com/en/equality-act/protected-characteristics) information)
17. [Promoting Fundamental British Values as part of SMSC in schools](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/380595/SMSC_Guidance_Maintained_Schools.pdf) (guidance for maintained schools on promoting basic important British values as part of pupils’ spiritual, moral, social and cultural (SMSC)
18. [SMSC requirements for independent schools](https://www.gov.uk/government/publications/improving-the-smsc-development-of-pupils-in-independent-schools) (guidance for independent schools on how they should support pupils' spiritual, moral, social and cultural development).
19. [National Citizen Service](https://www.gov.uk/government/publications/national-citizen-service-guidance-for-schools-and-colleges) guidance for schools
20. [Gatsby benchmarks](https://www.goodcareerguidance.org.uk/evaluation-tool) and evaluation tool for secondary careers education
21. [Character Education](https://www.gov.uk/government/publications/character-education-framework) – DfE
22. [Best practice framework to help schools to promote social and emotional well-being and mental health](https://www.ncb.org.uk/sites/default/files/uploads/files/ncb_framework_for_promoting_well-being_and_responding_to_mental_health_in_schools.pdf) – NCB
23. [The link between pupil health and wellbeing and attainment](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/370686/HT_briefing_layoutvFINALvii.pdf) – PHE
24. [Teaching online safety in school / digital literacy](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/811796/Teaching_online_safety_in_school.pdf) – DfE