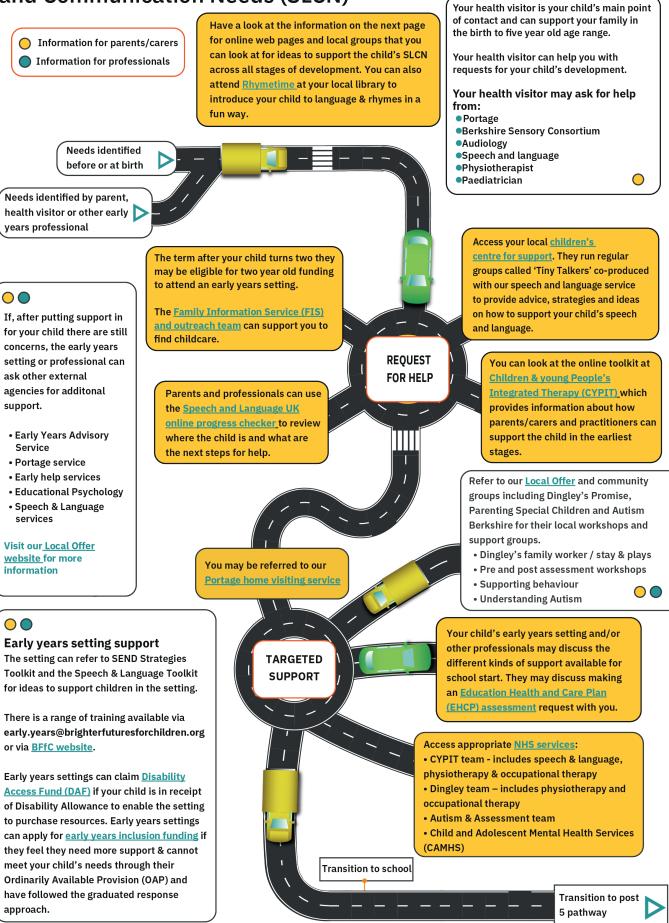


## 0-5 Pathway for Speech Language and Communication Needs (SLCN)



Berkshire Healthcare Children, Young People and Families services

## Where can I find more help for my child's speech & language development?

Pre-birth/Maternity	Chat – Play – Read	
	This can start while your baby is growing inside of you. Talk and sing to your baby so they become familiar with your voice.	
	Visit <u>Hungry Little Minds</u> & <u>Tiny Happy People</u> for more simple tips and activities that you can do at home.	
Pre-b	Speak to your midwife about information available locally and nationally to support your child's development.	
0-2 Years	Chat – Play – Read	
	<ul> <li>Talk to your child about what has happened so far in the day e.g. "We went to the shops this morning, didn't we? We bought some bananas."</li> </ul>	
	<ul> <li>When playing with your child – comment on what they are doing e.g. "Oh you've got the red car; I've got the blue car."</li> </ul>	
	<ul> <li>Look at picture books together. With each new page, give your child time to point out things to you and talk about what they can see.</li> </ul>	
	Visit <u>Hungry Little Minds</u> & <u>Tiny Happy People</u> for more simple tips and activities that you can do at home.	
3-5 Years	Chat – Play – Read	
	<ul> <li>Have a special time to talk about the day. Talking about what has happened that day will help their memory skills.</li> </ul>	
	<ul> <li>Join a child in pretend play. Let them take the lead. This will help their language and creativity. Talk about what they are saying and doing rather than asking lots of questions.</li> </ul>	
	<ul> <li>Read longer stories with your child and talk about what happened in the story, applying it to real life e.g. "Do you remember when we went to the zoo?"</li> </ul>	
	Visit <u>Hungry Little Minds</u> & <u>Tiny Happy People</u> for more simple tips and activities that you can do at home.	
Visit your local library and join their <u>Rhymetime sessions</u> to introduce your child to language & rhymes in a fun way.		
Come along to your <u>local children's centre</u> which will have groups for your child to socially interact with other children, and for you to have conversations with professionals available about your concerns. You can also access the 'Tiny Talkers' group which is a specific group aimed at support children's speech, language and development.		
You can access the online progress tracker via <u>Speech and Language UK</u> to find out more specific information about your child's language development.		
We also have local community groups who are valuable support for families where they have concerns about their child's development, you can find out more on the Local Offer website:		
Some key starting points include		
• [	Dingley's Promise Family Support Parenting Special Children Autism Berkshire	