Are you going missing?

If your parents or carers do not know where you are and cannot get in contact with you, you will be considered missing until you are located and confirmed safe.

If you are missing, have you thought about:

Who?

Who can you go to if you feel you are at risk from the people who you are with?

What?

Are you scared or worried about what you are doing or seeing?

Where?

Do your parents or carers know where you are?

When?

Brighter Futures for

When was last time you checked in with a parent or carer?

Are you going missing?

Brighter Futures for Children

Who to contact if you are missing or planning on not returning home?

- Contact the police on 101
- · Contact 999 if you are at risk of harm
- Contact Children's Single Point of Access: 0118 937 3641

Visit www.missingpeople.org.uk/get-help/help-services for help

The Runaway Helpline - they will listen and offer support

Call/text for free: 116 000 or visit www.runawayhelpline.org.uk

Childline - if you need to talk

Call for free: 0800 1111

A reverse charge call is paid for by the person receiving the call.

- 1. Dial 0800 738 377
- 2. Enter the phone number you wish to call
- 3. Record your name so the person you're calling knows it's you.